

Outstanding Contribution to the Sector

Peter Woodhams

Peter Woodhams is a Carer Consultant who has worked in collaboration with the Meriden Family Programme for over 16 years. Over the years, Peter has been able to share his personal experience of supporting his son, diagnosed with Schizophrenia, on a wide variety of training programmes and educational forums. His family benefited from Behavioural Family Therapy (BFT) early in their journey and Peter has passionately advocated for the routine implementation of Family Interventions ever since.

On retiring from a role in industry, Peter became actively involved in working with mental health services and has worked with Meriden as a Carer Consultant on a part time basis since April 2008. He has also worked on three NICE Guidelines as a Carer Representative and has supported the development of family friendly mental health services across the UK, Ireland, and Canada.

Given that Peter is now in his second decade of 'retirement', it is clear that he has gone above and beyond all expectations. His passion and commitment to supporting carers and families within mental health services is inspiring and has no doubt influenced the clinical practice of many hundreds of BFT practitioners. Peter is always keen to be involved in each and every one of our training programmes and continues to share his story and experience.

Each of our training courses and individual sessions are fully evaluated and we have at least 15 years of evidence to support the fact that students and delegates value his contribution and the importance of hearing from people with real, lived experience.